

Tying an Obi (one of several methods)

1.

The left side of the jacket overlaps the right. Leave about 30 cm of the belt hanging to the left, then wrap the rest around your body.



2.

Wrap it around your body a second time. Now, you should have a piece of about equal length remaining on the right.



3.

Loop this right piece from the bottom, behind all layers, up to the top.



4.

Now, loop the left piece from the top down between the layers so that a funnel is formed.



5.

Insert the right end from the top through the funnel, passing between the layers.



6.

Tighten and press flat so that an origami-like hexagon shape is formed.

